

FROM THE GUILFORD PRESS

Managing Suicidal Risk

A Collaborative Approach

David A. Jobes, PhD, Department of Psychology, The Catholic University of America, Washington, DC

Foreword by Edwin S. Shneidman, PhD

Pages: 214 + Index

A Paperback Original

Paperback: ISBN-13: 978-1-59385-327-3

Paperback Price: \$37.00

CRITICAL ACCLAIM

"The CAMS approach has quickly achieved best-practice status and, as more clinical trials are completed, is destined to be sufficiently evidence-based to become a 'must' in every clinician's repertoire. This easy-to-read guide teaches clinicians to listen to and align with their patients, to consistently target suicide risk, and to effectively reduce that risk. Jobes is a master teacher, and readers of this book are lucky to be among his students."—Alan L. Berman, PhD, Executive Director, American Association of Suicidology

"*Managing Suicidal Risk* effectively meets the critical need for clear guidelines for assessing and treating the suicidal person. In the belief that most suicidal people want to end their pain, not their life, Jobes offers the clinician a comprehensive, multifaceted handbook tailored to present-day treatment realities....This book is well suited for specialized courses in suicide prevention and crisis intervention, and for more general graduate-level courses in mental health counseling and assessment."—Katherine van Wormer, PhD, MSSW, Department of Social Work, University of Northern Iowa

"It is rare to find a text that is firmly grounded in science and that also offers a flexible, commonsense model for clinical practice. Jobes has given us just such a gem....This book is ideal for training graduate students or providing an infrastructure to supervision for psychologists, counselors, psychiatrists, social workers, or nurses who have contact with suicidal patients. The book will leave the reader with a newfound sense of confidence that his or her approach is embedded in 'best practices,' has a wealth of empirical support, and is one that patients will respond to in a positive fashion."—M. David Rudd, PhD, Department of Psychology, Texas Tech University

"For the last decade, Jobes and his colleagues have been researching and refining their novel therapeutic approach. Jobes offers an antidote to haphazard and personalized views of working with suicidal patients, integrating the theoretical constructs of Edwin Shneidman, Aaron Beck, and Roy Baumeister into a comprehensive and evidence-based treatment strategy....Every graduate student and clinician working with suicidal patients needs to read this manual and learn this approach."—Morton M. Silverman, MD, Editor-in-Chief, *Suicide and Life-Threatening Behavior*, Department of Psychiatry, University of Chicago

DESCRIPTION

This clinical manual offers essential tools and guidance for therapists of any orientation faced with the complex challenges of assessing and treating a suicidal patient. In a large, ready-to-photocopy format, the book provides step-by-step instructions and reproducible forms for evaluating suicidal risk, developing a suicide-specific outpatient treatment plan, and tracking clinical progress and outcomes using documentation that can help to reduce the risk of malpractice liability. In addition to providing a flexible structure for assessment and intervention, The Collaborative Assessment and Management of Suicidality (CAMS) approach is designed to strengthen the therapeutic alliance and increase patient motivation. Highly readable and user-friendly, the volume builds on 15 years of empirically oriented clinical research.

KEY FEATURES

- > Affordable, easy-to-understand, and evidence-based approach to handling a crucial issue.
- > Broad appeal: The Collaborative Assessment and Management of Suicidality (CAMS) is an adjunct to any kind of therapy.
- > In addition to proven clinical value, a special chapter addresses malpractice liability concerns.

AUDIENCE

Helping professionals from a range of backgrounds, including clinical psychologists, psychiatrists, social workers, psychiatric nurses, family therapists, and pastoral counselors; also of interest to graduate students and trainees.

CONTENTS

1. Contemporary Clinical Challenges and the Need for the Collaborative Assessment and Management of Suicidality (CAMS)
 2. A Review of the Suicide Status Form and the Origin of CAMS
 3. The Early Identification of Suicide Risk
 4. CAMS Risk Assessment: The Collaborative Use of the SSF
 5. CAMS Treatment Planning: Coauthoring the Outpatient Treatment Plan
 6. CAMS Suicide Status Tracking: Assessment and Treatment Plan Updates
 7. Suicide Status Outcomes: The Completion of CAMS
 8. CAMS as Means of Decreasing Malpractice Liability
 9. Future Developments: Using CAMS across Settings and Future Research
- Epilogue

Appendixes:

- A. The Suicide Status Form–III (SSF-III): Assessment, Treatment Planning, Tracking, and Outcome Forms
- B. Coding Manual for the SSF Likert Scales: Qualitative Assessment
- C. Coding Manual for SSF Reasons for Living versus Reasons for Dying
- D. Coding Manual for the SSF One-Thing Response
- E. Frequently Asked Questions about CAMS
- F. Complete CAMS Case Example

GUILFORD PUBLICATIONS, INC.

370 Seventh Ave., Suite 1200, New York, NY 10001
Tel.: (212) 431-9800 Toll Free: (800) 365-7006
Fax: (212) 966-6708 E-mail: info@guilford.com
Visit our website: www.guilford.com